



Leaps & Bounds

Pediatric Therapy



Group Therapy

Intensive
Individual
Therapy

Therapeutic
Summer Camps

Experience the Difference!

Unique, Customized Therapy

At Leaps and Bounds, each child is viewed and valued as an individual. Our therapists will create a customized treatment plan to fit your child's individual needs.

Holistic Approach

Our therapists use a whole-body approach to not only treat symptoms, but to find the underlying causes of your child's concerns.

Parent Involvement

Children make the most progress when parents fully understand the underlying causes of their child's difficulties. We inform and educate parents as to how treatment can help their child, and how these approaches can be used at home and in the community.

Parent Support

We provide a safe environment for parents to express concerns, share their feelings and frustrations, and celebrate their child's successes. We are always ready to provide an ear to hear, a shoulder to cry on, and a smile of support.

It is our passion to provide children and families with a positive, memorable experience. Come and see how we can help your child succeed!



All summer programming runs
May 30th through August 18th.

Please call for pricing, scheduling,
and availability.

An evaluation will be required for
new clients.

324 Jungermann Road • St. Peters, MO 63376
Ph: 636-928-LEAP (5327) • www.LeapsAndBoundsKids.com

Social Skills Groups

Buddy Builders (Ages 3-5 years)

This group gives your child the opportunity to interact and play with peers. Therapists will utilize modeling and positive behavior strategies. This group will provide age-appropriate structure to enhance predictability and engagement.

AAC Social Skills

This group was created to help kids using an AAC device be able to connect with peers. This group will give them structured social experiences for them to build their communication skills.

Building Friendships (Ages 8-12 years)

Your child will have the opportunity to build confidence, develop age-appropriate social skills, and establish positive friendships with peers. Your child will participate in activities that promote communication, taking directions from peers, and negotiation.

Girls Groups (Ages 7-14 years)

This group will help girls connect and establish positive friendships with peers. The group will foster self-confidence, communication, conflict resolution, and other issues that directly affect young girls.

Boys Squad (Ages 11-15 years)

This group will help boys connect and establish positive friendships with each other. The group will foster appropriate behaviors, self-confidence, and communication. Conflict resolution will also be addressed throughout the group.



ABCs to Social Skills (Ages 6-8 years)

In this group, your child will participate in the instruction of social skills and will be provided with opportunities to practice these skills in fun, play-based activities. Goals include increasing your child's confidence to initiate interactions, strengthening listening skills, and understanding social cues.

Speech & Language Groups

Toddler Talk Time (Ages 18 months- 3 years)

This group is designed for children who are not yet talking or who need a boost in their vocabulary. Our therapists will encourage your child to use language by engaging in art, songs, sensory activities, stories, imaginative play, and creative snacks. A group setting is a great way to facilitate socialization.

Sounds & Letters Literacy Group (Ages 5-8 years)

This group uses the Orton-Gillingham methods to teach phonological awareness, sight word recognition, sound-letter correspondence, blending, encoding (spelling) and decoding (word reading). These skills are fundamental for young readers who have phonological awareness and/or language concerns. Activities will include multi-sensory strategies for learning.

Summer Speech

This group will help children practice their articulation skills with peers who have similar goals. When children have similar goals, they have fun using their skills during games and conversations together. Our speech therapists will facilitate conversations and give cues/models of speech sounds, as needed. Your child will become more spontaneous, begin to self-correct, and enjoy being successful while building friendships.

AAC Immersion Group

This group is great for beginner and intermediate AAC users and their caregivers to explore and expand their knowledge with accessing their devices. All caregivers will help with exploring their child's devices to learn new ways to integrate them at home and in the community.

Cooking Up Language (Ages 8-14 years)

Come cook with us this summer! Each week, your child will cook/bake a recipe that can easily be recreated at home. The group will focus on describing skills, following directions, vocabulary, sequencing, literacy, and social skills in the kitchen as the kids make various snacks, desserts, or simple dinner foods.

Book Club

Reading can be fun! This group is about putting all of the pieces together to make reading fun and easy. Books will be chosen based on the child's/group's reading level to help assist with difficulties in vocabulary, prediction, inferences, comprehension, and discussions. Our therapists will use different strategies to promote the love of reading.

Skill Building Groups

Executive Functioning

(Ages 8-12 years)

If your child struggles with planning activities, figuring out where to start when cleaning his room, or forgets what homework is due and when it is due, then your child may be having difficulty with executive functioning skills.

This group introduces organizational skills and teaches your child how to develop his own strategies to be successful with activities such as homework and chores.



MINECRAFT® Social Skills

(Ages 8-12 years)

This group uses the game Minecraft® to develop social and communication skills such as understanding others' perspectives and active listening. This group will also incorporate concepts around emotional regulation.

Groups members will sign into the game from home and interact with their group virtually.

Emotional Regulation

(Ages 6-8 years)

This group is designed for children who struggle with anxiety, attention, and managing behaviors. It will promote increased confidence, coping strategies, and self-management.

Biker Buddies

(Ages 5 years and above)

This group is for children learning how to ride their bikes. Your child will develop the skills needed to be successful in riding a bike including: postural control, motor coordination, and lower extremity strengthening.

Preschool Prep and Play

(Ages 3-5 years)

This group will assist your child in developing skills needed to become a confident little learner and to start building relationships with peers through associative play. This group will meet for 90 minutes each week.

Jump Start to Kindergarten

(Ages 4-6 years)

This group will assist your child with developing the skills needed for school. The group will address a variety of skills including, but not limited to: attention, communication, fine motor, and social skills. This group will meet for 90 minutes each week.

Intensive Therapy

What is an intensive?

- Intensive therapy consists of one individual 60 - 90 minute session for 5 consecutive days.
- Engagement in a variety of treatment strategies including:
 - * Reflex Integration
 - * Interactive Metronome
 - * Therapeutic auditory programs
 - * Visual - vestibular activities
 - * Many more sensory-integrative strategies!

Why try it?

- It's an opportunity to gain skills more rapidly than a typical weekly treatment program
- Results of an intensive therapy program may include progress in the following areas:
 - * Attention
 - * Self-Regulation
 - * Handwriting Skills
 - * Motor Coordination



Therapeutic Summer Camps



Camps will include activities incorporating:

- Sensory Activities
- Social Skills
- Problem Solving
- Self-Regulation
- Executive Function
- Fine/Gross Motor Skills

Our week-long therapeutic camps are for kids ages 5-12 years old. Camps run Monday-Friday from 9:00am-3:00pm throughout the summer. Kids can attend for 1 or more weeks.

Therapeutic goals are developed for each child and are addressed throughout the week. Activities are created using a sensory motor approach and are adapted regularly to meet the needs of the children in camp. Each camp is designed by occupational therapists to provide activities that are engaging, but focused on addressing individual therapeutic goals.

Each counselor receives additional training on positive behavior management, emotional regulation, and sensory processing. Occupational therapists and Speech/Language therapists will develop individual strategies to ensure that camp is a success for each child!

Dates:	Themes:
June 5th-9th	Mad Science
June 12th-16th	Animal Safari
June 19th-23rd	Lost in Space
June 26th-30th	Minecraft ®
July 5th-7th	Sports
July 10th-14th	Slime Works!
July 17th-21st	Olympics
July 24th-28th	Cooking (ages 8 and up)
July 31st-Aug. 4th	Minecraft ®
August 7th-11th	Dinosaurs
August 14th-18th	Superheroes

